

RESTRICTED ACTIVITIES

Standard

The **Regulated Member** may perform only those restricted activities that are authorized by the *Health Professions Act* and the *Health Profession Restricted Activity Regulation* (“the Regulation”).¹

The Regulations allows for Registered Dental Technologists and Registered Dental Technicians, who have completed **additional training** approved by the Council and are authorized by the College to perform the following **restricted activities** for the purpose of **colour matching** or determining a **preliminary fit**.

(1) **Registered Dental Technologists; restricted activities may include:**

- (a) fitting fixed or removable partial or complete dentures;
- (b) fitting fixed or removable orthodontic or periodontal appliances;
- (c) fitting implant-supported prostheses.²

(2) **Registered Dental Technicians; restricted activities may include:**

- (a) fitting removable full dentures, if the regulated member has successfully completed a practical examination in removable full prostheses;
- (b) fitting removable partial dentures, if the regulated member has successfully completed a practical examination in removable partial prostheses;
- (c) fitting fixed partial dentures, if the regulated member has successfully completed a practical examination in fixed partial prostheses;
- (d) fitting fixed or removable orthodontic and periodontal appliances, if the regulated member has successfully completed a practical examination in fixed and removable orthodontic and periodontal appliances.
- (e) fitting an implant-supported prostheses within one or more of the 4 areas of practice for the purpose of colour matching or determining a preliminary fit.

¹ Sections.10-13 Health Profession Restricted Activity Regulation
² Sections.10-13 Health Profession Restricted Activity Regulation

Expectations

Regulated Members **must**:

- a) Prior to performing a restricted activity, have written direction from a dentist, denturist or other regulated health professional who is:
 - i. Authorized to perform the restricted activity, and
 - ii. Who is responsible for determining the final fit of a prosthetic or orthodontic device.
- b) Despite a), a regulated member, authorized by the College, may perform a restricted activity without a written direction described in a), if a dentist, denturist or other regulated health professional, who is authorized to perform the restricted activity and is responsible for the final fit of a prosthetic or orthodontic device is on site with the regulated member and provides verbal instructions to the regulated member while the regulated member performs the restricted activity.
- c) Successfully complete required advanced training requirements approved by the Council.
- d) Be granted authorization by the College³ to perform restricted activities prior to performing any restricted activity.
- e) Not perform a restricted activity that the member is not competent to perform.
- f) Not perform a restricted activity that is related to an intraoral procedure that is irreversible.
- g) Only perform those restricted activities that are appropriate to the regulated member's area of practice.
- h) Refuse to perform all restricted activities not authorized to them by the *Health Professions Act*, the *Regulation*, and the College.
- i) Perform restricted activities in a dedicated patient care area which is subject to the clinical considerations listed in the [Infection Prevention and Control Guidelines](#).
- j) Make reasonable effort to provide care with at least one other individual present at the time the care is provided.
- k) Ensure that the patient's appropriate **informed consent** has been obtained, maintained and documented aligning with the CDTA's *Informed Consent Standards (CDTA 2023)*.⁴

RELATED DOCUMENTS

[Infection Prevention and Control Guidelines](#).

³ The CDTA Council approves additional training requirements for restricted activities authorization.
⁴ CDTA Informed consent standards (2023) pending approval.

GLOSSARY

Additional Training: an advanced training program approved by the Council that provides additional training that provides members with the requisite skills and knowledge to provide restricted activities.

Colour matching (Shade Taking): the act of selecting the shade that blends with the shade of the adjacent teeth and applying that selection in a manner that ensures accuracy, uniformity of the prosthetic device with the natural shade of a patients existing teeth.

Informed Consent: Receiving the patient’s permission to proceed with a proposed service following a process of decision-making leading to an informed choice. Informed consent involves ongoing communication between the parties involved. In the case of a minor or others who do not have the capacity to provide informed consent, the agreement must come from a legal guardian or substitute decisionmaker legally authorised to act on behalf of a patient. ([CRDHA](#))

Preliminary fit: Fitting of the dental prosthesis, device and/or appliance during the period of fabrication, in order to check and adjust its fit, function and its aesthetic qualities. The **final** fit and delivery of any dental prostheses, device and/or appliance is done by the prescribing health professional.⁵

Regulated member(s): a person who is granted registration as a member of the CDTA in accordance with the HPA and the Regulation.

This term includes a previously regulated member whose last day of registration with the College is within the immediately preceding two years.

Restricted Activities: An activity named as a restricted activity in Part 0.1 of the *Health Professions Act: Health Services Restricted Activities*.

AMENDMENT HISTORY

Date	Action
March 31, 2023	Initialization

⁵ https://cadtr-acordt.com/wp-content/uploads/2021/02/national_essential_competencies_for_dental_technology_practice_in_canada_final.pdf